

Home Fluency Log

Stuttering or developmental dysfluency is defined as any disturbance in the flow and time patterning of speech.

These disturbances may include one or more of the following behaviors:

- audible or silent **blocking**: Noticeably getting stuck on a sound
- part or whole-word repetitions (e.g. pa-pa-paper)
- phrase repetitions (e.g. what is-what is- your name?)
- sound repetition (e.g. b-b-b-b- baby)
- sound prolongations (e.g. f-f-f-flower)
- interjections (e.g. um, uh, like, you know)
- words produced with too much tension
- circumlocutions (i.e. talking around a certain idea)

It is helpful to both parents and therapists to have a log of the frequency and types of dysfluencies the child is demonstrating.

Use the chart below while spending time listening to your child talk. Take a 5-10 minute sample during each time period noted on the chart. If you are unsure of the type of stuttering event you have heard, mark "unsure".

The chart is divided into time-of-day to try to get a sense if fatigue plays a role in speech fluency.

Complete one sheet per day for seven days in a row. Please date each chart.

Date: _____

Type of Stutter	Morning	Afternoon	Evening
Block			
Word Repetition			
Phrase Repetition			
Sound Repetition			
Sound Prologation			
Interjection			
Words Produced with Tension/ Stuggle			
Circumlocutions			
Unsure			

